

RHYTHM DRUM LESSONS

GUEST LESSON

YOUR TUTOR

ROB BRIAN

The Siouxsie drummer demonstrates some four-way coordination exercises

VIDEO LESSON
ON YOUR DISC



In his previous lessons, guest tutor Rob Brian has looked at a variety of warm-up routines for the hands; now he focuses his attention on all four limbs. He begins by taking a single paradiddle sticking (RLRR, LRL) but plays it between the right foot and left hand. This now leaves the left foot and right hand free to play something else, and Rob begins with quarter-notes in the right hand and eighth-notes with the left foot.

Next, Rob plays a typical **SAMBA** bass drum pattern along with eighth-notes with the left foot. He then fills in the spaces in the bass drum pattern using the left hand whilst adding the right

hand, playing eighth-notes. With all these examples, Rob also demonstrates how the left hand can move to the toms to create some interesting variations. ■ (PR)



Rob uses a samba bass drum pattern to help you warm up all four limbs

HEADS UP!

SAMBA
A Brazilian rhythm that features a strong 'two feel'

where the two main points of emphasis in the bar are on beats 1 and 3. Rob plays a typical samba bass drum pattern in the second example.

EXAMPLE 1



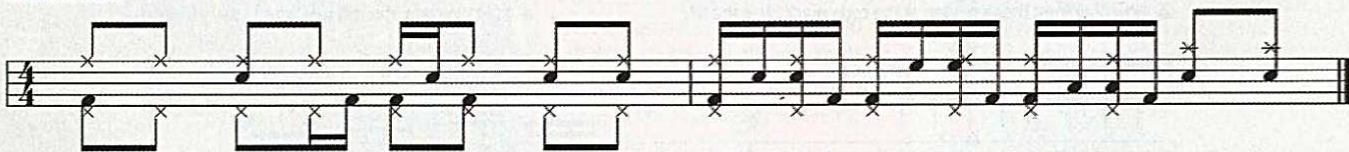
▲ Here a single paradiddle is played between the right foot and left hand while the right hand plays quarter-notes and left foot plays eighth-notes.

EXAMPLE 2



▲ Next Rob plays a samba bass drum pattern while filling in the left hand.

EXAMPLE 3



▲ Here's how Rob demonstrates the pattern from Example 2 in context. Notice how the left hand now moves around the kit.

EXAMPLE 4



▲ Here's a similar approach using the paradiddle sticking. Again notice how the left hand is free to move around the toms.